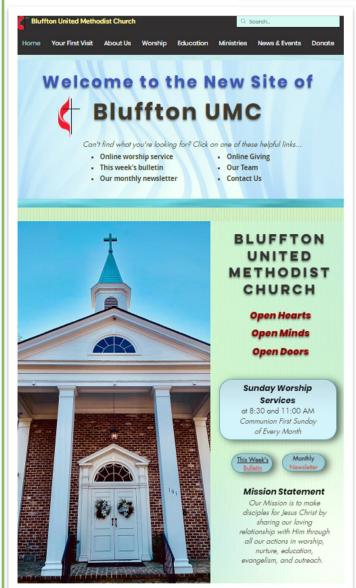


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May 2024





Guess what?! We have a new website and it is LIVE! Check it out <u>blufftonumc.org</u>. There is updated information, great pictures and links and you can click a couple of times and make your on-line financial offerings. Please take a look and send ideas or suggestions to Laurie.

Thank you to Laurie, Bladen Crockett, Judy Hardie and Hubbs Grimm for all of your hard work. It is a user friendly, helpful site.

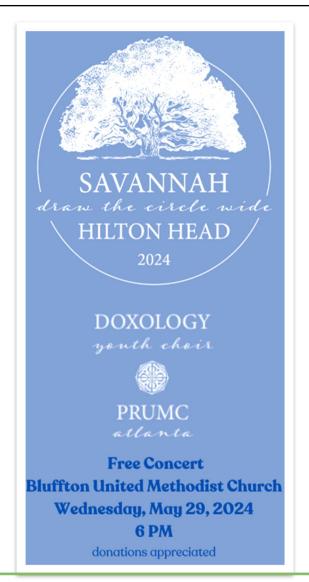
Guess what else! Our monthly newsletter is no longer monthly! Starting with this edition, we are moving to a **quarterly edition**. With a monthly newsletter, so much is duplicated from our weekly emails that a quarterly newsletter seems more useful.

After this edition, newsletters will be published in July, October and January.

# Upcoming Events



**SAVE THE DATE:** June 2, 8:30 & 11:00 AM, Our Kid's Praise Club will present their creative interpretations of 12 of Jesus's miracles. The Program will include music, visual art, drama, puppetry, sign language and much more! You do not want to this this special performance!





# **REGISTER NOW!**

Ages – 3 – 5<sup>th</sup> grade
Theme – Trusting God
Activities – Music, Arts and Crafts, Storytelling
and Recreation
Dates – Monday, June 17 – Thursday, June 20
Time – 5:30 – 8 PM

**SET UP –** Sunday, June 16 – 3-5PM

SPECIAL CELEBRATION – Friday, June 21 – 5:30 – 8 PM – all participants, families and volunteers are invited to a presentation by the "campers" of songs, stories and things they learned all week.

Cook Out follows presentation!

#### **VOLUNTEERS AND PARTICIPANTS:**

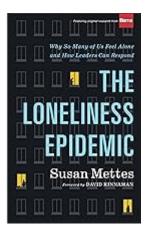
Register at bluffton-united-methodistchurch.mycokesburyvbs.com or use the QR code below.

Be sure to check out the sneak peek section – listen to the songs and get "fired up" for VBS!





# **Bluffton Methodist Women**



The Loneliness Epidemic: Why So Many of Us Feel Alone----by Susan Mettes

Guided by current research, the author illustrates the profound physical, emotional and social toll of loneliness in our country. Surprisingly, it's the youngest adults who are the loneliest. She offers ways the church can minister to the lonely. This book is a good tool for anyone trying to understand and help someone who feels alone.

# **Nurture & Discipleship**

Mathew 6:28-29 (NIV) "And why do you worry about clothes? See how the flowers of the field grow. They do not labor or spin. Yet I tell you that not even Solomon in all his splendor was dressed like one of these."



I think flowers are one of the most beautiful creations of God's gifts to us. They come in many, many varieties and many, many different colors. And who doesn't like flowers? Flowers are used for celebrations like weddings, birthdays and anniversaries to make someone feel loved, and even at funerals and celebrations of life. Flowers are used as decorations and artists use them as subject for their art. They are used in clothing design and used in fragrances. And I am sure you can think of other uses too. They are part of our beautiful world that God created for us.

There is a lot of turmoil in our world today. People are hurting in all walks of life. So maybe we need to take time to just stop and smell the roses. Take time to see the beauty in the world around us. Our alter flowers are given each week to someone who needs to be lifted in prayer with these flowers. When coming to or from church service, take time to look at the beautiful flowers all around our church. Take a moment to stop and read the scripture in front of each garden. I believe God gave us flowers to enjoy and lighten our moods no matter what is going on with us. All the beautiful flowers are Love to us from our Father. Enjoy them. Then praise Him.

Debbie Kaulig
Chair, Nurture and Discipleship



#### Did You Know...

Caregivers are family members or friends who typically provide unpaid, long-term, community-based care and assistance to older adults and people with chronic health conditions or disabilities. Caregivers help with a variety of routine tasks such as shopping, paying bills, bathing, dressing and managing medicines. They are often a source of emotional support and companionship for care recipients.

# Caregivers: A Snapshot

- 58% of caregivers are women.
- Almost one-third of caregivers provide care at least 20 hours a week.
- Caregivers typically learn as they go and aren't formally trained.
- 79% of caregivers care for adults aged 50 or older and 76% of care recipients are aged 65 years and older.
- 1 in 6 non-caregivers expects to become a caregiver within two years.



# **Caregiving Burdens and Stress**

Caregiving is also a public health concern because it can lead to physical, emotional, psychological and financial strain. Providing personal care and helping with behavioral and cognitive issues can be stressful for caregivers and result in depression and anxiety. Nearly 1 in 5 caregivers reports fair or poor health. 6 caregivers often neglect their own health needs, increasing their risk of having multiple chronic conditions.

Nearly 2 in 5 caregivers have at least two chronic diseases:

- 1 in 7 caregivers has heart disease and/or stroke.
- 1 in 5 caregivers aged 65 and older have coronary heart disease and/or stroke.
- A recent study by the National Alliance for Caregiving and AARP found nearly 1 in 4 US caregivers says caregiving has made their health worse.

### **How to Support Caregivers?**

(Taken from the CDC)

- Help them with errands, chores and other tasks.
- Provide emotional and social support.
- Negotiate times to check in on them.
- Make sure they are managing their own health care needs.
- Help them create and manage a care plan for the person they care for.
- Encourage them to seek mental health services if necessary.

A support group has been added for caregivers of people with Alzheimer's Disease and other forms of dementia, sponsored by the Alzheimer's Association. It is our hope that you will share this information with family, friends and neighbors. The group is open to anyone in the area. They do not have to be members of this church. The care givers support groups will help answer questions, give people an opportunity to share situations and ideas and give the care giver a break from the care receiver. The group meets the second and fourth Wednesday of the month at 1:00 PM in the music suite, here at Bluffton United Methodist Church. For more information about the group, call, text or email Mary Ellen Parks (843) 368-1852 maryellen.parks22@gmail.com.



- The Village Festival/Mayfest food sale was a success grossing over \$1,200. Fun and comradery were had by all.
- The inaugural Second Sunday/Mother's Day event was successful. The BUMM's handed out carnations to all the ladies and prepared and served lunch after both services.
- The speaker at our April meeting was Craig Ostergard, director of OPFOB, an organization dedicated to fostering positive experiences for Veterans and First Responders through outdoor activities and camaraderie.
- He also said that the Men's Bible study is meeting at Corner Perk the 1<sup>st</sup> Tuesday of the month.
- The BUMM's are seeking a recipient for their scholarship.

We will have our next regular meeting on June 1st in the Church fellowship hall, starting with our BUMM Chef prepared full breakfast and followed by our regular business meeting. As usual, the BUMMs do not meet in the months of July and August as many of the BUMMs and their families travel during the summer months. The next regular BUMM meeting following our June meeting will be on September 7th, 2024.

As always, if any men in the Church have not visited a BUMM meeting, we hope that you will join us for one of our meetings. We're certain that you will enjoy the full breakfast prepared by BUMM Chefs. In addition, you will have an opportunity to work with the BUMMs in our fundraising activities that offer great support to local charities every year.

Danny W. Jett, Secretary



# Music Ministry

We are learners, we are teachers, we are pilgrims on the way
We are seekers, we are givers, we are vessels made of clay
By our gentle, loving actions we would show that Christ is light
In a humble, listening Spirit we would live to God's delight
("As a Fire Is Meant for Burning" TFWS 2237)

In May, we will celebrate the birth of the church on Pentecost. Symbols of fire will remind us of the tongues of fire of the Holy Spirit that rested on the people that day. The upbeat music will add excitement to what was surely an amazing event. As the hymn says, a fire is meant for burning. The church should be on fire for God's mission. But a fire doesn't stay put. A fire by its very nature spreads. So are we called to spread God's message of salvation. Last month I presented a sermon on the topic of Evangelism. The hymn verse above encompasses this perfectly. We are still a work in progress, we do not have all the answers, but we allow God to use us as His vessels. We help others to see Christ's light not by our fancy words or deep theologizing, but by our gentle, loving actions and humble, listening Spirit. There are many dark places in the world. There are dark places right here in our community. Will you allow the Holy Spirit to work through you to shine Christ's light?



Are you interested in singing over the summer? We are now scheduling summer soloists, small groups, summer choir and instrumentalists to provide music while our music ministry volunteers take a break.

Contact Keeley to schedule.



Keeley DiMartino
Director of Music Ministry
MusicMinistry@BlufftonUMC.org

Michael Cole Organist mcoleorganist@yahoo.com Nancy Osgood
Director of Wesley Ringers
njcosgood@gmail.com

# **GARDENING TEAM**

"And the Lord God took the man and put him into the Garden of Eden to dress it and keep it"



The Landscaping Team met in April to make decisions for several of the gardens moving forward. Betsy Epply will choose two pots to plant for color on the Water Street entrance to the Fellowship Hall. This is a mostly shady area which will determine the careful selection of plant choices.

To bring more color to the Reflection Garden, Tom McCann planted cordyline plants (spiky dark red tubular leaves), an array of Hostas around the Live Oak tree and a variegated ginger lily in the right corner of the garden. Linda Hall has decided to plant more lantanas in the Lantana Garden. Also, watch for several pink azaleas to be transplanted there next fall to fill in the area behind the Tulip Saucer Magnolia. Along Camellia Walk, at the request of that garden's caretaker, Jan Smith, more Armistad (black and blue salvia) will be planted. Finally, in the Choristers Garden, annuals are being planted including geraniums and sunflowers around the perennials that made it through the winter. Drop seed zinnias have been spread throughout the garden to add color and to entice bees and hummingbirds to our church grounds. Right now, our Easter lilies are beginning to bloom throughout several of the gardens. Keep an eye around the church's bulletin sign which is maintained by Patti Taylor for an array of color this summer.

At the end of April, six members of the Esther Circle joined the Gardeners for God by taking the Prayer Walk around the church. Reading the Bible verses and weeding as they strolled, these ladies remember our slogan "See a weed, pull a weed throw a weed away! Thank you to Linda Hall for providing the weed bags, garden gloves and spades.

If you have any interest and/or have love of flowers or have some ideas for our gardens, please contact Tom and Barbara McCann 443-618-8983.

# CHRISTIAN EDUCATION



Please join me in thanking our dedicated and loving volunteers who help make Christian Education an exciting and engaging ministry at BUMC – We couldn't do it without you!

# **April Volunteers**

Kids' Church – Jo Parrott, Mikey Hervochon, Christina Bryant
Children's Messages – Lynn Newsom, Diane Ciba, Scarlett Hester
Youth Leadership – Keeley DiMartino
AV and Tech Support – Brian Osgood, Rick Humes
Youth Meals – Ron and Joann Davies, Keeley DiMartino, Sally LeSage

# **Spring 2024 Sunday Schedule**

- Nursery Sundays at 8:30 and 11 AM children up to 4 years old (Prekindergarten)
- Kids' Church Sundays at 8:30 and 11 AM Kindergarten through 3<sup>rd</sup> Grad
- Adult Sunday School Sundays 9:45 AM Conference Room 1
- Men's Sunday School Sundays 9:45 AM—Conference Room 2
- ♦ Kids' Praise 4:30 5:30 PM Music Suite
- Youth Praise 5:30 6 PM Music Suite
- Youth Group 6- 7:30 PM Sundays Annex



# **NEW GROUPS FORMING in 2024:**



If you are interested in joining/forming a young adult Sunday School class, Men's or Women's Bible Study or a Small Group, please contact Sally LeSage, Director of Christian Education at <a href="mailto:blufftonumc.education@gmail.com">blufftonumc.education@gmail.com</a>

# **CHRISTIAN EDUCATION**



# New Men's Sunday School Class Forming -

New Men's Sunday School Class Begins May 19 at 9:45 AM in Conference Room 2. All ages and stages welcome! You may contact Jimmy Gainey at <a href="mailto:jimmyraygainey@icloud.com">jimmyraygainey@icloud.com</a> for more information.

### **2024 Prom Queen Nominees**



# **2024 Prom King Nominees**





Prom King & Queen—Dick & Jen Smith

May 2024

# **MISSIONS**



Thank You for your wonderful support for the MIRACLE JAR in April for the BLESSING BAG project totaling \$1,490. This is OUR church's project to pack 60 bags each month that are filled with 15 full-sized self-care items plus a note of encouragement from the church. The bags are delivered to Bluffton Self Help and Deep Well on Hilton Head. We are the only group in the area that REGULARLY donates hygiene items to these agencies to help our neighbors in need. le demonstrate how to "love your neighbor."

MIRACLE JAR donations for May will go to CAPA (Child Abuse Prevention Association.) "CAPA exists to break the destructive cycle of child abuse and neglect by equipping parents, children, and their caregivers with necessary skills, knowledge, and values." Checks may be made to the church with "miracle jar" on the memo line. Thank you in advance for your giving heart.





Missions will be <u>Parking Cars for Donations</u> during Bluffton's annual Mayfest celebration on Saturday, May 11. We will use the funds that we collect to purchase "Summer Supplies" to help our local aid agencies with their extra demand due to children being home from school. If you wish to park at the church, we apologize in advance if we do not recognize you; please let us know that you are a church member. Please be advised that we anticipate a crowd and our parking lot will probably be full early.

<u>UPCOMING PROJECT:</u> In July we will be having our annual collection of school uniforms for students at Hardeeville Elementary. We will deliver the uniforms before school starts in August.



# BUMC Treasurer's Report As of April 29, 2024 Budget Target is 17 of 52 Sundays or 33%

	YTD Income/ Expense	Annual Budget	Percent of Budget
	Expense	buuget	Duuget
Worship Offerings:			
Plate	140,761	-	-
Online	63,293	-	-
Total Worship Offerings	204,054	615,500	33.2%
Other Revenue:	,	•	
Unrestricted Memorial Donation	-	_	
Altar Flowers, Facility Rental, Interest, Etc.	3,291	8,500	38.7%
Roof Donations	42,292	-	
Total Other Revenue	45,583	8,500	
Total Revenue	246,346	624,000	39.5%
<b>EXPENSE</b>			
Pastoral	54,198	173,402	31.3%
Worship	32,322	98,589	32.8%
Ministry & Education	22,894	74,700	30.6%
Missions	8,662	28,350	30.6%
UMC Apportionments	19,685	59,055	33.3%
Administration & Finance	29,091	84,835	34.3%
Property	52,158	79,215	65.8%
Total Expense	219,010	598,146	36.6%
Surplus YTD	27,336	25,854	
Notes:			
Administration & Finance over budgeted amount due to	closing costs on lin	e of credit	
Property Expense over budgeted amount due to annual	property insurance	payment an	d annual
HVAC contract paid in full.			

Visit Blufftonumc.org to establish your recurring online giving at the "select page

May 2024 11

prompt/donate!"

# Anniversaries, Birthdays and Prayers

### Anniversaries

# **Birthdays**

05/02—Richard & Amy Inglis
05/15—Alan & Jackie Ulmer Jr.
05/16—Jerry & Sally LeSage
05/16—Chris & Rebecca Himes
05/18—Ed & Sarah Sweers
05/20—Dale & Sharleen Bennett
05/22—Rodger & Delores Houseman
05/22—William & Angela Court
05/23—Bob & Beth Newmarker
05/23—Richard & Barb Mainey
05/30—Mikey & Chris Hervochon
05/31— Bill & Sally Mattingly

05/01—Sharon McDonald
05/02—Patti Taylor
05/03—Jen Smith
05/04—Robin Boylston
05/08—Benjamin Atkins
05/08—Donna Kozlowski
05/11—Sally LeSage
05/12—Erin Reichert
05/14—Chris Hervochon
05/15—Judith Runyan
05/15—Jim Stevens
05/16—Mark Thomas
05/17—Nancy Humes

05/21—Rodger Houseman
05/22—Donna Clingerman
05/24—Stacie Sapochak
05/24—Stan Yocco
05/25—Paula Williams
05/25—Murray Baughman Jr.
05/25—Jay Graves
05/26—Henry Hervochon
05/26—Sarah Sapochak
05/27—Marty Smith
05/28—Eleanor Greenway
05/30—Trey Snow III

Rebecca Adler & Family Daniel Alba

Lana Armstrong Rocky Austin Lois Barton Rita Bobko Ashton Borgelt

Jenny & Bobby Brannen

Jason Brown
Krystal Buck
Paul Bucklin
Jennifer Cartelli
Lynn Cleveland
Pat Cleveland
Kevin Corry & Family

Pat Crews

David De Paolis Elizabeth

& Larry Duncan Richard Falon Donna & Kari Fiero

Jane Grim David Harper Meredith Inglis Vera Jones

Lloyd & Paula Lamb Paul Laughlin

Ruth Markiewicz
Nick Maxim
Judy McDonald
Mary Minnaar
Marilyn Moore
Elizabeth Napolitan

Barbara O'Connor Michelle O'Connor Mackenzie Orth Megan Phelphs Evelyn Reddish Tori Rinehart Linda Allen Smith Betty Thraikill Jackie Tuohig

Brent & Jeanne VanBuskirk

Steve VanHorn Judy Walden Joe Walter Joan Wortman Rick Wortman Helga Zebro

BLUFFTON UNITED METHODIST CHURCH P. O. BOX 368
BLUFFTON, SC 29910

#### May 2024

TO BE ADDED TO OUR EMAIL LIST, PLEASE CALL: 843.757.3351 OR EMAIL

THE CHURCH AT: <a href="mailto:blufftonumc@gmail.com">blufftonumc@gmail.com</a>



#### **SUNDAY WORSHIP**

8:30 AM & 11:00 AM – Online and In-Person

Pastor Scarlett's Email – pastor@blufftonumc.org – Cell: 1.843.907.5389

Director of Music Ministry — Keeley DiMartino; email – musicministry@blufftonumc.org

Director of Christian Education — Sally LeSage – Email – blufftonumc.education@gmail.com

Organist — Michael Cole—Email—mcoleorganist@yahoo.com

Church Office — 843.757.3351; Email blufftonumc@gmail.com; Website: http://www.blufftonumc.org

#### **OFFICE HOURS**

Mon. - Thurs. 9:30 AM - 2:30 PM

#### **MAILING ADDRESS**

Bluffton UMC P.O. Box 368 Bluffton, SC 29910